

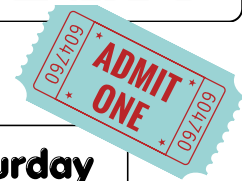
Notes:

The Arc of Opportunity in North Central Massachusetts Family Supports and Recreation Calender

Fun Holiday's in August

- 🍦 AUGUST 2 – NATIONAL ICE CREAM SANDWICH DAY
- 🍉 AUGUST 3 – NATIONAL WATERMELON DAY
- 🍪 AUGUST 4 – NATIONAL CHOCOLATE CHIP COOKIE DAY
- 🐱 AUGUST 8 – INTERNATIONAL CAT DAY
- 📖 AUGUST 9 – NATIONAL BOOK DAY
- 🍷 AUGUST 10 – NATIONAL S'MORES DAY
- 🙋 AUGUST 13 – NATIONAL LEFT-HANDERS DAY
- 😊 AUGUST 15 – NATIONAL RELAXATION DAY
- 🗣️ AUGUST 16 – NATIONAL TELL A JOKE DAY
- 📷 AUGUST 19 – WORLD PHOTOGRAPHY DAY
- 🐕 AUGUST 26 – NATIONAL DOG DAY
- 🌟 AUGUST 27 – JUST BECAUSE DAY
- 🏖️ AUGUST 30 – NATIONAL BEACH DAY

To register for an event scan the QR code or click the event



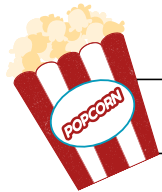
Healthy Relationships Group Interest Form

Bowling - Every Thursday 4:00pm-6:00pm @Launch \$4 shoes/\$4 per game /\$10 per hour

CONTACT US FOR INFORMATION ON:

- General questions/concerns
- Healthy Relationships
- Self-Advocacy
- Saturday REC and Bowling
- Dances

August 2026



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1 STURBRIDGE REDCOAT & REBELS 10AM-6PM \$65
2	3	4	5	6 BOWLING 4PM-6PM	7	8 CHARLES RIVER KAYAKING 10AM-6PM \$65
9	10	11 SELF ADVOCACY LUNCH/KITCHEN 10AM-11AM	12	13 BOWLING 4PM-6PM	14	15 LEOMINSTER STATE FOREST COOK-OUT 11AM-4PM \$30
16	17	18	19	20 BOWLING 4PM-6PM	21	22 CANOBIE LAKE PARK 9AM-8PM \$80
23	24	25	26	27 BOWLING 4PM-6PM	28 WEEKNIGHT DINNER CLUB 6PM-8PM \$30	29 WHALE WATCH REY, NH 11AM-9PM \$90
30	31					



Program Director:
Maribel Roman
978-343-6662 ext. 1094
978-972-0601 Mobile
m.roman@arcfofportunity.org

**"FOCUS ON YOUR ABILITIES, NOT YOUR LIMITATIONS."
- STEPHEN HAWKING**

Recreation Coordinator:
Michelle Feliciano
978-343-6662 ext. 1013
978-382-4636 Mobile
m.feliciano@arcfofportunity.org

