

Opportunity in North Central Massachusetts

Social Story: Going to the Theatre at The Mount





This program is supported in part by a grant from the Fitchburg Cultural Council.

What is a Social Story?

A Social Story is a written or visual guide used to help people on the autism spectrum learn about social situations that they may struggle to understand naturally. The goal of a Social Story is to share accurate social information in a patient and reassuring manner in order to teach each individual the skills they need in everyday life and become productive members of their community.

The Arc of Opportunity has provided a social story for The Theatre at the Mount's upcoming sensoryfriendly performance of "The Sound of Music" detailing the entire experience from walking up to the front door of the theatre, purchasing or picking up your tickets, finding your seat and bathrooms to help have a smooth and enjoyable experience.

Audience members can review this at home with their family before leaving for the theatre so they know exactly what to expect to help make it a fun and pleasurable experience for everyone. There is also a break room for anyone who needs to take a break or use sensory items during the break. We are going to see a play called, "The Sound of Music"



We will drive to the theater where we can see the play.



When we get there, we will walk into the lobby of theater.



If we have a ticket, now is a great time to get our tickets ready!



There will be a lot of people so we may have to stand in line and wait until it is time.



I will remember to be safe and stay with my people.



We may buy snacks or get a drink in the lobby.



There may be a line of people who want snacks too.

When it is time, we will give our tickets to the usher and go into the room where we can see the play.



Then, we will walk to our seats.



We may need to wait for the show to start.



Everyone is happy and wants to see the show.



If it is too loud I will tell the people I am with.



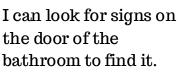


They can help me go to a quiet place until I feel better.

I can also cover my ears or use my ear protection.



If I have to go to the bathroom, I will tell the people I am with.



I will listen to the people I'm with so I can enjoy the play.







There will be people on the stage and they will wear costumes and make up.



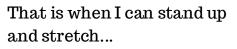
I will sit in my seat and watch them sing and dance.



I will not talk while the people are on the stage.



During the play, there will be a break – it is called intermission.







And talk to other people around me.



When the play is over, I will cheer and clap my hands. The actors did a great job!





Then it will be time to go!

I will walk out of the building and back to the car.



I had a great time at the play!



Our Mission

To create and support lifetime opportunities in the community for individuals with disabilities and their families to reach their fullest potential by providing advocacy, education, employment, residential, and recreational services to enhance quality of life.

> To order a copy of this booklet, contact The Arc's receptionist 978-343-6662 X1001

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