



Social Story: Going to the Theatre at The Mount



This program is supported in part by a grant from the Fitchburg Cultural Council.

What is a Social Story?

A Social Story is a written or visual guide used to help people on the autism spectrum learn about social situations that they may struggle to understand naturally. The goal of a Social Story is to share accurate social information in a patient and reassuring manner in order to teach each individual the skills they need in everyday life and become productive members of their community.

The Arc of Opportunity has provided a social story for The Theatre at the Mount's upcoming sensory-friendly performance of “The Sound of Music” detailing the entire experience from walking up to the front door of the theatre, purchasing or picking up your tickets, finding your seat and bathrooms to help have a smooth and enjoyable experience.

Audience members can review this at home with their family before leaving for the theatre so they know exactly what to expect to help make it a fun and pleasurable experience for everyone. There is also a break room for anyone who needs to take a break or use sensory items during the break.

We are going to see a play called, "The Sound of Music"



We will drive to the theater where we can see the play.



When we get there, we will walk into the lobby of theater.



If we have a ticket, now
is a great time to get our
tickets ready!



There will be a lot of
people so we may have to
stand in line and wait
until it is time.



I will remember to be safe
and stay with my people.



We may buy snacks or
get a drink in the lobby.



There may be a line of
people who want snacks
too.



When it is time, we will
give our tickets to the
usher and go into the
room where we can see
the play.



Then, we will walk to
our seats.



We may need to wait for
the show to start.



Everyone is happy and
wants to see the show.



If it is too loud I will
tell the people I am with.



They can help me go to
a quiet place until I feel
better.



I can also cover my ears or
use my ear protection.



If I have to go to the bathroom, I will tell the people I am with.



I can look for signs on the door of the bathroom to find it.



I will listen to the people I'm with so I can enjoy the play.



There will be people on the stage and they will wear costumes and make up.



I will sit in my seat and watch them sing and dance.



I will not talk while the people are on the stage.



During the play, there will
be a break – it is called
intermission.



That is when I can stand up
and stretch...



And talk to other people
around me.



When the play is over, I
will cheer and clap my
hands. The actors did a
great job!



Then it will be time to go!



I will walk out of the
building and back to the
car.



I had a great time at the play!



Our Mission

To create and support lifetime opportunities in the community for individuals with disabilities and their families to reach their fullest potential by providing advocacy, education, employment, residential, and recreational services to enhance quality of life.

To order a copy of this booklet, contact

The Arc's receptionist

978-343-6662 X1001

The Arc of Opportunity

564 Main Street

Fitchburg, MA 01420

www.arcofopportunity.org