

Notes:



The Arc of Opportunity in
North Central Massachusetts

Family Supports and
Recreation Calendar

JULY
2026

Fun Holidays In July












Healthy Relationships Group Interest Form

CONTACT US FOR INFORMATION ON:

- General questions/concerns
- Healthy Relationships
- Self-Advocacy
- Saturday REC and Bowling
- Dances

Bowling - Every Thursday
4:00pm-6:00pm
@Launch \$4 shoes/\$4 per game /\$10 per hour

- July 1 🤪 International Joke Day
 - July 2 🛸 World UFO Day
 - July 7 🍫 World Chocolate Day
 - July 11 🍟 National French Fry Day
 - July 12 🫐 National Blueberry Muffin Day
 - July 14 🧀 National Mac & Cheese Day
 - July 15 🍩 National Gummy Worm Day
 - July 16 🌭 National Hot Dog Day
 - July 17 🗿 World Emoji Day
 - July 19 🍦 National Ice Cream Day
 - July 20 🍭 Lollipop Day
 - July 24 🗣️ Tell an Old Joke Day
 - July 30 🍰 National Cheesecake Day
- To register for an event scan the QR code or click the event
- 

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			1	 2	3	<i>4th of July</i> CLOSED
 WATER COUNTRY ⁵ \$80 10AM-8PM	6	WOO SOX'S GAME ⁷ \$50 5PM-10PM	 8	 9	10	WINGAERSHEEK BEACH ¹¹ 9AM-7PM \$70
WOO SOX'S GAME ¹² \$50 12PM-6PM	13	SELF ADVOCACY LUNCH/KITCHEN ¹⁴ 10AM-11AM	15	 16	17	FRANKLIN PARK ZOO ¹⁸ 10AM-6PM \$75
19	20	WOO SOX'S GAME ²¹ \$50 5PM-10PM	22	 23	24	POTTERY/ PAINTING ²⁵ 11AM-5PM \$50
WOO SOX'S GAME ²⁶ \$50 12PM-6PM	 27	28	29	 30	WEEKNIGHT DINNER CLUB ³¹ 6PM-8PM \$30	



Program Director:
Maribel Roman
978-343-6662 ext. 1094
978-972-0601- Mobile
m.roman@arcofopportunity.org

“WE ARE ALL STRONGER THAN WE KNOW.”
-ARNOLD SCHWARZENEGGER

Recreation Coordinator:
Michelle Feliciano
978-343-6662 ext. 1013
978-382-4636, Mobile
m.feliciano@arcofopportunity.org