

The Arc of Opportunity in North Central Massachusetts Family Supports and Recreation Calender

> Self-Advocacy - Second Tuesday of every month 10:00am-11:00am

<u>Healthy Relationships Group</u> <u>Interest Form</u>

Bowling - Every Thursday 4:00pm-6:00pm @Launch \$4 shoes/\$4 per game

To register for the July Recreation events, click on the event or this QR code

